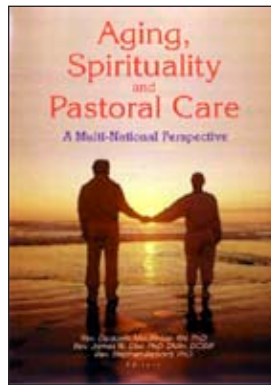


### The Spiritual Dimension of Ageing

MacKinlay, E. 2001

What gives a frail and isolated or institutionalised older person their sense of wholeness and self? What makes later life meaningful? This clear and practical text presents much-needed guidance, seeking to identify and meet the spiritual needs of older people in their caring role. Drawing on in-depth interviews with older people, Elizabeth MacKinlay develops an understanding of spirituality that enables the reader to explore the spiritual dimension of ageing and to learn how it contributes to well-being and health in later life. This inspiring book will be a useful text for students, trainers and academics, policy makers and practitioners in health and social care, as well as religious professionals, in hospital, residential and other caring settings.

272pp \$42.95 **CAPS Member Price \$39.00**

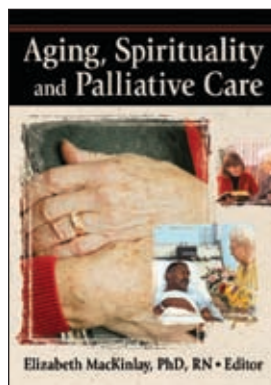


### Aging, Spirituality and Pastoral Care: A Multi-National Perspective

MacKinlay, E.; Ellor, J.; & Pickard, S. (eds) 2001

How can you foster spiritual growth in older people? This multi-disciplinary work re-examines issues of ageing with dignity and spiritual meaning. It brings together chaplains, pastors, counsellors, and health care practitioners in all walks of gerontology from around the world to present a fully rounded picture of the spiritual needs and potentialities of this fast-growing population. It also includes a study of the spiritual awareness of nurses working in six different nursing homes, as well as a model for a parish nursing practice that focuses on the aged. This book addresses urgent issues for older people, including: social and spiritual isolation, the wisdom of the ageing, the need for intimacy and sexuality among older people, living with dementia, and the spiritual dimensions of care giving.

190pp \$46.00 **CAPS Member Price \$42.00**



### Aging, Spirituality and Palliative Care

Edited by Elizabeth MacKinlay, PhD, RN 2006

Learn effective approaches to integrate spirituality with health care for dying patients. Gain greater depth of understanding of end-of-life spiritual issues for older adults.

The period of time when a person approaches death is always difficult both for the patient and the care giver. *Aging, Spirituality, and Palliative Care* discusses best practices in aged and palliative care while addressing patients' diverse spiritual needs. Leading authorities' presentations from the Third International Conference on Ageing and Spirituality in Adelaide, Australia, in 2004 explore practical, sensitive spiritual approaches to help older patients deal with ageing, illness, and approaching death.

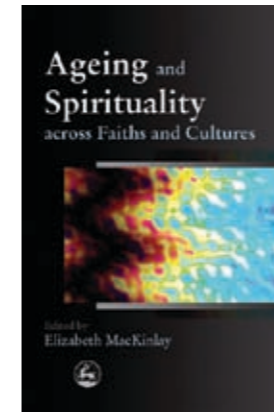
*Aging, Spirituality, and Palliative Care* carefully examines what can be the most spiritually meaningful time in the life of an ageing person—confronting illness and death. Though they may be unafraid of dying, older people many times fear the pain and suffering that may accompany it. The process of dying is presented with care and reverence, while providing effective approaches to increase comfort, spirituality, and quality of life. Each chapter is extensively referenced, and many include tables and figures that enhance understanding of research data. It is meaningful, valuable reading for chaplains, pastoral workers, palliative care providers, social care providers, nurses, diversional therapists, and other workers who care for the aged.

326pp \$53.00 **CAPS Member Price \$48.00**



# PUBLICATIONS

CENTRE FOR AGEING & PASTORAL STUDIES



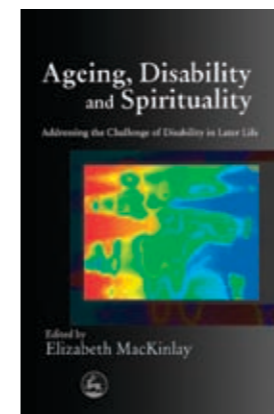
### Ageing and Spirituality across Faiths and Cultures

Edited by Elizabeth MacKinlay 2010

This book is about exploring and examining ageing in the context of the diversity of faiths and cultures that make up western societies, explorations are based on the demographic picture of ageing and faiths. Chapters are written by authors from these faiths about the cultures and faith of their older people. These chapters are on Christian, including Orthodox perspectives, Jewish, Muslim, Hindu and Buddhist perspectives. Cultures also include ageing veterans and ageing religious sisters. Numbers of older people come from traditions different from the majority of the population in western countries, yet many who care for them have little understanding of faiths and cultures that differ from their own.

This book makes an important contribution to providing a context for practice of different disciplines within the community and in residential aged care sector in caring for older people from a diversity of faith and cultural backgrounds. This is important so that carers may sensitively provide care for older people from a diversity of faiths and cultures, not only their own. Chapters from this book engage with the various faiths and cultures, traditions and care practices, including issues in death and dying. Issues of appropriate care, policy and practice standards are also addressed.

271pp \$46.95 **CAPS Member Price \$43.00**



### Ageing, Disability and Spirituality

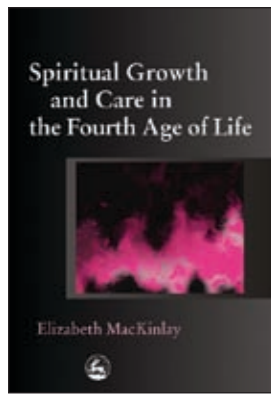
Edited by Elizabeth MacKinlay 2008

Looking at the effects of disability on people in later life, this book focuses on how people with either life-long disabilities or the acquired disabilities of ageing may live spiritually meaningful lives.

The book presents ways of moving towards more effective relationships between carers and older people with disabilities; ways in which to connect compassionately and beneficially with the person's spiritual dimension. The contributors emphasise the importance of recognising and affirming one's personhood, rather than focusing on one's disability. They highlight the value of relationship in giving meaning to life and as a basis for exploring and honouring a person's spirituality. Invaluable reading for practitioners who care for older people, as well as those in health care, chaplaincy, social and pastoral care, and diversional therapists. This book will also be of interest to older people, their families and friends.

271pp \$49.95 **CAPS Member Price \$45.00**

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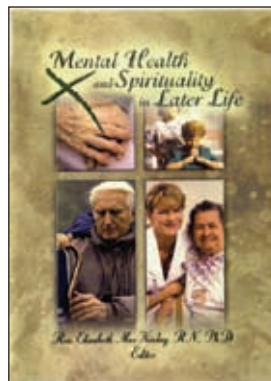
### Spiritual Growth and Care in the Fourth Age of Life

MacKinlay, E. 2006

This book explores the spiritual dimension of ageing and investigates the role of pastoral and spiritual care in helping elderly people cope with end-of-life issues. Focusing on the experience of nursing home residents and anecdotes gathered in interviews, MacKinlay sensitively presents the struggles facing older people in need of care, such as loss of independence and privacy. Her findings show that despite ill health, loneliness and depression, older people near the end of their lives find meaning and support in (re)discovering their spirituality, and that this is not just the experience of those in care facilities, but of older people more generally. It includes a useful chapter on spiritual assessment, providing carers with information on how to recognise the need for care. It will be of interest to nurses, care workers, pastoral support professionals and anyone else working with older people.

Winner of the *Australasian Journal on Ageing* 2006 Book Award

271pp \$48.95 CAPS Member Price \$44.00

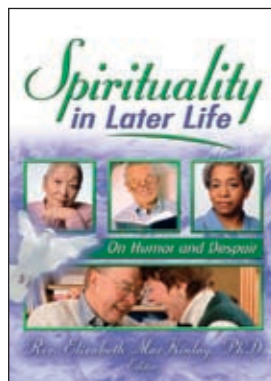


### Mental Health and Spirituality in Later Life

MacKinlay, E. (ed) 2003

Mental health is increasingly being recognised as an important issue in later life. This valuable book will help you examine this dimension of ageing in the context of pastoral, spiritual, and cultural issues. It explores the relationship between mental health, spirituality, and religion in later life, including the search for meaning, cultural issues, spiritual issues, depression, dementia, and issues of suicide in older people. The first part of the book focuses on theology, ethics, and cultural issues in mental health and ageing. The second part addresses issues of multi-disciplinary practice, including a challenging chapter written by a woman with early onset dementia (Alzheimer's) and other chapters that present perspectives on the uses and meanings of ritual and symbolism in mental health and pastoral approaches to care.

154pp \$46.00 CAPS Member Price \$41.50

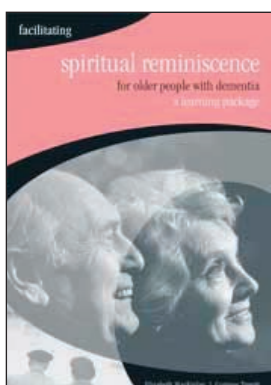


### Spirituality in Later Life: On Humor and Despair

Mackinlay, E. (ed) 2005

Studies have shown that as many people age, their spirituality deepens. This book is a focused exploration of humour, despair and spirituality in later life. Respected authorities share their insights on humour and despair in the process of spiritual development in later life, with discussions on how to provide effective pastoral practice in aged care.

165pp \$46.00 CAPS Member Price \$41.50



### Facilitating spiritual reminiscence for older people with dementia: A learning package

Rev'd Dr. Elizabeth MacKinlay, Corinne Trevitt 2006

This learning package is designed to assist you to develop skills to undertake spiritual reminiscence with older people with dementia. Although this package is designed specifically for interactions with older adults with dementia, these skills are transferable and can be used with any group of older adults.

*This learning package was made possible with funding from the ANZ Charitable Foundation—J.O. & J.R. Wicking Trust.*

52pp \$25.00 CAPS Member Price \$22.50

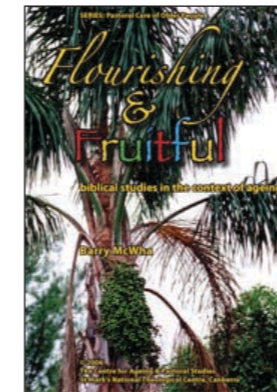


### Tending the Flame

Brian, G. 2007

Gabrielle Brian, the author, who is a carer herself, has written this book from the heart of her own experience and listening to the voices of other carers. Facing the one page reflections are Karen Woodward's photos, each picture a reflection in itself. It takes the carer through the process of meeting them where they are at in their caring role and leading them onto an understanding of self worth and value and affirmation in the eyes of God. This book will be valuable to Chaplains in aged care, for supporting staff and in the parish context for those in pastoral care.

38pp \$20.00 CAPS Member Price \$16.00



### Flourishing & Fruitful: Biblical studies in the context of Ageing

McWha, B. 2006

People may use this publication as a means of exploring Scripture and examining their lives of faith, particularly in the later years of the life journey. The studies take in a perspective on ageing from the Old and New Testaments. In the set of studies there are issues of inter-generational relationships. The questions and discussion points are set at important life perspectives and challenge participants to grow in their faith no matter what their ages.

60pp \$20.00 CAPS Member Price \$16.00

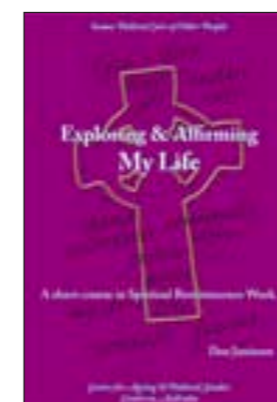


### Walking with Forgotten People

Jamieson, D. 2004

This book is an introduction to pastoral care with older people. Using stories of real people, living in nursing homes, who are facing crises in their lives, Jamieson points to key aspects of caring for others in ways which help them understand qualities of Christian love and care. An important aspect of any pastoral care approach is to be able to act in some way, as a mirror to other people, so that they may find the reflection of Christ within themselves. Initially it looks at a scriptural basis for pastoral care; then, in ensuing chapters the stories are told and aspects of pastoral care are drawn from each story. It may be used as a study text for an individual, or a group. There are suggested activities at the end of each chapter.

51pp \$20.00 CAPS Member Price \$16.00



### Exploring and Affirming My Life - 2nd Edition

Jamieson, D. 2004

This book explores Spiritual Reminiscence work. Originally published in 2002, this edition has been rewritten and expanded. It includes suggestions for Bible readings, prayers, meditations and songs at the beginning of each study as well as expanded material on spiritual reminiscence. It will be helpful to those who have a pastoral care role with older people. While it can be used at any time of the year, by individuals and with groups, the additional material at the beginning of each study may make it useful in seasons such as Advent and Lent.

54pp \$20.00 CAPS Member Price \$16.00